

**Trauma Informed Care Virtual Training**  
**Delivered over 4 weeks, 2 days/week, 4.5 hours/day**

DATE/TIME	WEDNESDAY, MARCH 15, 2023  (DAY 1)	THURSDAY, MARCH 16, 2023  (DAY 2)	WEDNESDAY, MARCH 22, 2023  (DAY 3)	THURSDAY, MARCH 23, 2023  (DAY 4)	WEDNESDAY, MARCH 29, 2023  (DAY 5)	THURSDAY, MARCH 30, 2023  (DAY 6)	WEDNESDAY, APRIL 5, 2023  (DAY 7)	THURSDAY, APRIL 6, 2023  (DAY 8)
	<b>REALIZE</b> FOUNDATIONAL KNOWLEDGE & LANDSCAPE ANALYSIS		<b>RECOGNIZE</b> FOUNDATIONAL KNOWLEDGE & LANDSCAPE ANALYSIS		<b>RESPOND</b> STRATEGIC IMPLEMENTATION		<b>RESPOND</b> STRATEGIC IMPLEMENTATION	
9-9:15am Check-In	<b>Introduction</b> Dr. Ariella Herman	<b>Compassion Fatigue</b> Dr. Jessica Jeffrey	<b>Intersectionality and Trauma</b> Plenary: Dr. Portia Jackson	<b>Principles of A Trauma Informed and Reflective Organization</b> Dr. Ariella Herman	<b>Opening Schools Under Trauma</b> Plenary: Dr. Marleen Wong	<b>Inclusive Leadership</b> Dr. Robin Johnson	<b>Emotional Intelligence &amp; Diversity (Part 1)</b> Dr. Jorge Cherbosque	<b>Teamwork: Self-Care to Foster Resilience at the Individual Level</b> Dr. Portia Jackson
9:15-10am Plenary	<b>Opening Speaker</b> Branden Collinsworth							
10-10:30am	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>	<b>Wellness/BREAK</b>
10:30-11:45am Session 1	<b>Introduction to Trauma Informed Care (Part 1)</b> Dr. Mandy Davis	<b>The Trauma Landscape</b> Dr. Ariella Herman	<b>Strategic Organizational Response to Trauma (SHIP)</b> Dr. Ariella Herman	<b>Maintaining Personal &amp; Professional Well-being for Head Start Staff (Part 2)</b> Dr. Jessica Jeffrey	<b>TIC Cohort 1 &amp; 2 Success Stories</b> Dr. Ariella Herman	<b>Inclusive Leadership</b> Dr. Robin Johnson	<b>Emotional Intelligence &amp; Diversity (Part 2)</b> Dr. Jorge Cherbosque	<b>Teamwork: Cultivating an Organizational Culture of Well-being</b> Dr. Portia Jackson
11:45-12:15am	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
12:15pm-1:30 pm Session 2	<b>Introduction to Trauma Informed Care (Part 2)</b> Dr. Mandy Davis	<b>Maintaining Personal &amp; Professional Well-being for Head Start Staff (Part 1)</b> Dr. Jessica Jeffrey	<b>Teamwork: Implementing TIC Strategies into Your Workplace</b> Dr. Ariella Herman	<b>Teamwork: Reflection On Participants' Stresses &amp; Coping Skills</b> Dr. Jessica Jeffrey & Dr. Ariella Herman	<b>Teamwork: Implementing TIC Strategies Into Your Workplace</b> Dr. Ariella Herman	<b>Inclusive Leadership</b> Dr. Robin Johnson	<b>Teamwork: Implementing TIC Strategies Into Your Workplace</b> Dr. Ariella Herman	<b>Conclusion</b> Dr. Ariella Herman
<b>Homework</b>			Between Week 2 and 4, participants will complete a <b>self-care plan</b> . This will allow them to assess their current approach and develop a plan that we will debrief the following week. Participants should allot 1 hour to complete the plan and reflection questions.	Between Week 2 & 3, participants should meet with their whole team to develop the <b>first draft of the S.H.I.P.</b> Participants should allot 1 hour and be ready to share their ideas.		Between Week 3 & 4, participants should meet with their whole team to develop the second <b>draft of the S.H.I.P.</b> Participants should allot 1 hour and be ready to share their ideas.		